



VOLLEYBALL NEW ZEALAND'S COACH DEVELOPMENT FRAMEWORK - Level 1

The VNZ Coach Development Framework is based on the 4 areas of our coaching communities - Engage, Develop, Grow and Excel

Year 1+	VNZ Local Coaching Qualification - ENGAGE <i>Participant focused foundation coaches</i>
	Outline:
	<p>This qualification is designed for beginning coaches or coaches wishing to refresh their knowledge of the volleyball fundamentals. Coaches completing the “Local Coaching Qualification” should feel comfortable coaching a KiwiVolley team or a junior secondary school side.</p>
	Participant or Athlete Focused:
	<p>Participant focused</p> <ul style="list-style-type: none"> • Nurture a love of sport and active recreation • Focus on fun, participation and skill development • Encourage multiple sports and skills • Introduce the concept of fair play • Provide experiences that are stage and age appropriate
	Accreditation Requirement:
	<ul style="list-style-type: none"> • Generic Entry Level Coaching module – 2hrs • KiwiVolley Module and/or

- Volleyball Fundamentals Module – 2hrs*
- Sign the VNZ Coaches Code of Ethics
- **1 term of coaching PLUS one practice session observation**

* If participants attend both the KiwiVolley Module and the Volleyball Fundamentals Module they can receive the VNZ Local **Advanced** Coaching Qualification

Modules:

Generic Entry Level Coaching Module – 2hrs
Compulsory module - RST or a VNZ delivered

Content -

- The “First Steps” manual
- Why do children participate in sport?
- Athlete - centred coaching
- Developing a coaching philosophy
- What makes an effective coach?
- The coaching cycle (Plan, Do, Review)
- GROW feedback model
- Behaviour Management
- Planning & Session delivery
- Communication
- Child protection

KiwiVolley Module – 2hrs
One of two optional modules - VNZ delivered

Content -

- What is KiwiVolley – Fun, Success, Engage
- KiwiVolley Levels – Rotate, Rally, Spike

	<ul style="list-style-type: none"> • Volleyball Fundamentals – Pass, Set, Serve • Methods of teaching and training • Principles and Performance Keys • Game like Drills
	<p><u>Volleyball Fundamentals Module</u> - 2hrs <i>One of two optional modules - VNZ delivered</i></p> <p>Content -</p> <ul style="list-style-type: none"> • Volleyball Fundamentals – Pass, Set, Serve, Spike, Block • Methods of teaching and training • Principles and Performance Keys • Rotations • Basic offence and defence • Game like Drills

Stages of Qualification

While taking part in modules but no all required, prospective coaches are - **In Training**

Coaches who have completed the required modules, but have not been observed or evaluated are - **Trained**

Coaches who have demonstrated their competence through observation or evaluation are – **Qualified***

*Qualification is valid for no longer than 5 years and professional development is required to maintain qualification

Recognition of Prior Learning (RPL)

RPL is based on the awareness that people can learn and develop competencies in many different ways throughout their development as a coach. RPL takes into account a person’s skills, experiences and qualifications that may have been learnt in different ways i.e. from universities/polytechnic institutions or international accreditation systems.

All coaches wishing to become qualified through RPL at are required to attend the **Volleyball Fundamentals Module** before a RPL can be granted.